

Who can ELDAC help?

ELDAC can help staff who work in any of these sectors:

- Residential Aged Care
- Home Care
- General Practice
- Primary Health Networks
- Specialist Palliative Care Services
- Allied Health



**10 ways ELDAC
can help you**



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**Visit our website for free
palliative care and advance
care planning resources
for people working in the
aged care sector.**



1 Palliative care and advance care planning information

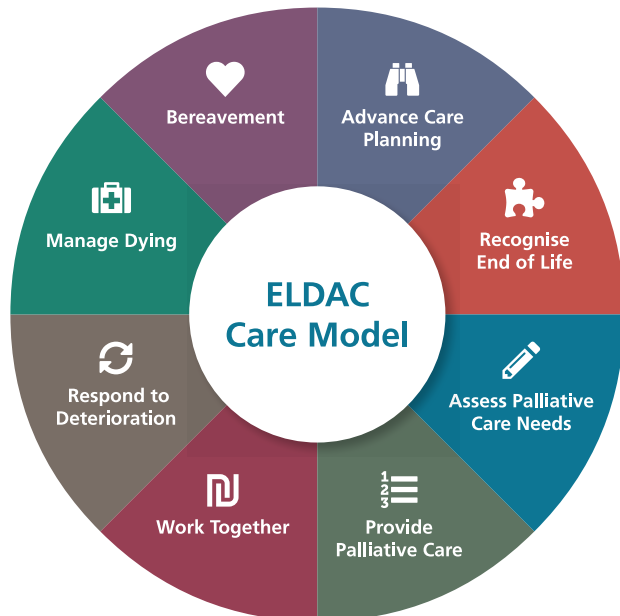
ELDAC provides information, guidance, and resources to health professionals and aged care workers to support palliative care and advance care planning. But what do these terms mean?

Palliative Care optimises the quality of life of a person who is living with a life-limiting illness. Palliative Care identifies and treats symptoms which may be physical, emotional, spiritual or social.

Advance Care Planning promotes care that is consistent with a person's goals, values, beliefs and preferences. It prepares a person and others for a time when the person may no longer be able to communicate their decisions themselves.

2 The ELDAC Care Model

ELDAC provides a framework for thinking about palliative care in aged care. The eight areas that make up the Care Model are essential to providing care at the end of life.



3 Local service directories

Need to find out where your local palliative care, primary care or aged care service is? The information and services page can help you.

4 Five digital toolkits

Toolkits are a collection of information, resources and tools. The three main settings that ELDAC covers are residential aged care, home care and primary care, as well as end of life law and working with other services for improved palliative care.



Home Care



Primary Care



Residential Aged Care



Legal



Working Together

5 Education and learning

The website contains links to online resources for educators and managers to facilitate learning and meet staff learning needs.

6 Information on the law at the end of life

End of life law can be complex and different in each Australian State and Territory. The Legal toolkit presents information about the law and includes a 'mythbusters' section to debunk myths about end of life law.

7 Clinical tools for end of life care

ELDAC has identified twelve clinical tools that can be used to recognise end of life and assess palliative care needs. Where organisations already recommend a set of preferred clinical tools, the ELDAC common clinical tools may complement these.

8 Sector engagement

ELDAC has a team of facilitators who will assist, support and enable health and aged care workers to provide best quality care for older Australians and their families at the end of life.

9 Resources for diverse population groups

ELDAC can help you provide palliative care to different population groups, including:

- Aboriginal and Torres Strait Islander Peoples
- Care Leavers
- Carers
- Culturally and Linguistically Diverse
- Financially or Socially Disadvantaged
- People experiencing homelessness
- Lesbian, Gay, Bisexual, Transgender and Intersex
- Rural and Remote
- People with Spiritual and Faith Beliefs
- Veterans



10 News and updates

The 'News and updates' section of the ELDAC website keeps you up to date about project news, blogs and videos. You can also sign up to the monthly ELDAC newsletter for project updates and sector news.